



2024 NSWWA Calendar

Open and Close Dates for Online Entries & Qualifying Notes

Date of Event	Competition Name	Entries Open	Entries Close	Qualifying Notes
10-11/02/2024	Ralph Cashman Open Competition	13/01/2024	28/01/2024	
3/03/2024	Shred Barbell Open Competition	3/02/2024	18/02/2024	
9/03/2024	Hills Barbell Open Competition	10/02/2024	25/02/2024	
23-24/03/2024	NSWWA Open Competition	24/02/2024	10/03/2024	Final event to qualify for NSWWA Jnr/U23 Championships
13-14/04/2024	NSWWA Jnr/U23 Championships + Open	16/03/2024	31/03/2024	Final event to qualify for NSWWA Masters Championships Final event to qualify for AWF Jnr/U23 Championships
3-5/05/2024	NSW Masters Championships	6/04/2024	21/04/2024	Final event to qualify for AWF Masters Championships
19/05/2024	MMWH Open Competition	20/04/2024	5/05/2024	
25/05/2024	Port Macquarie Open Competition	27/04/2024	12/05/2024	
16/06/2024	Bathurst Open Competition	18/05/2024	2/06/2024	
29/06/2024	Burwood HP Open Competition	1/06/2024	16/06/2024	Final event to qualify for NSWWA Senior Championships Final event to qualify for the IMWA World Championships
12-14/07/2024	NSW Senior Championships	15/06/2024	30/06/2024	Final event to qualify for AWF Senior Championships
20/07/2024	Hills Barbell Open Competition	22/06/2024	7/07/2024	
3-4/08/2024	Memorial Open Competition	6/07/2024	21/07/2024	Final event to qualify for NSWWA U15/Yth Championships
24-25/08/2024	NSWWA U15/Yth Championships + Open	27/07/2024	11/08/2024	Final event to qualify for AWF U15/Yth Championships
15/09/2024	Marrickville Open Competition	17/08/2024	1/09/2024	
6/10/2024	Uplift Gym Open Competition	7/09/2024	22/09/2024	
12-13/10/2024	AusFitness Expo Invitational	By Invitation	15/09/2024	
26/10/2024	Joe Hensel Open Competition	28/09/2024	13/10/2024	
2/11/2024	Coffs Harbour Open Competition	5/10/2024	20/10/2024	
3/11/2024	MMWH Masters Madness + Open	5/10/2024	20/10/2024	
16/11/2024	UBF Open Competition	19/10/2024	3/11/2024	
1/12/2024	Shred Barbell Open Competition	2/11/2024	17/11/2024	