



Athlete Eligibility and Selection Policy 2022-2026 and Guidelines for Setting Qualification Standards

The objectives of this policy are to provide information for athletes of the New South Wales Weightlifting Association (NSWWA) about representing the state at interstate, national or international events. The policy details the following:

1. *Eligibility and Qualification*
2. *Selection to Points Team and Provision of Coaching Services*
3. *Competition Preparation and Team Training Days*
4. *Appeal Process*
5. *Setting Qualification Standards*

1. Eligibility and Qualification

- 1.1 With the exception of some master's events, entries for interstate, national and international events contested by NSWWA, are made by the NSWWA Secretary.
- 1.2 An athlete must be a current member of NSWWA, capitated with the Australian Weightlifting Federation (AWF) and meet all entry requirements for the contested event. Primarily this includes totaling up to or above the qualification standard within the qualification period. The athlete will complete an entry form, return it to the NSWWA Secretary and pay the competition fee.
- 1.3 Criteria for AWF National Championship events can be found on the AWF Events Calendar for the current year. An entry form will be distributed to all NSWWA lifters who have met the eligibility criteria. The entry is checked and confirmed by the NSWWA Secretary who will advise the NSWWA High Performance Coaching Team (HPCT) of all eligible athletes who have entered.
- 1.4 NSWWA will publish specific criteria for non-AWF National Championship contested events.

2. Selection to Points Team and Provision of Coaching Services.

- 2.1 The NSWWA HPCT are endorsed by the NSWWA Board to coach all NSW athletes at contested events with a NSW state team.
- 2.2 'Points team' athletes accrue points for the state team with their placing via competition total. Unless specified, the system described in 6.8.3 '*Team Classification*' of the *IWF Technical and Competition Rules and Regulations* is used. A 'points team' athlete will be confirmed by email of their selection. A 'points team' athlete may initially have been selected as a 'reserve' and activated to the 'points team' at the 'verification of entries' – the team confirmed at the verification of entries will be published by NSWWA.
- 2.3 'Individual athlete' refers to an athlete who is entered into a contested event but not selected to the 'points team'. An 'individual athlete' may initially be selected as a 'reserve' and then confirmed as an 'individual athlete' at the verification of entries or included on the 'points team'. An 'individual athlete' will be emailed confirmation of their status.
- 2.4 The HPCT reserves the right to select, or not, any athlete to the NSW Points Team who is eligible and entered in the contested event. The HPCT will take into account all relevant weightlifting matters from within the qualifying period.
- 2.5 The NSWWA HPCT reserves the right to provide coaching services, or not, to any individual athlete who is eligible to enter the contested event. The HPCT will take into account all relevant weightlifting matters from within the qualifying period. The Athlete will be advised of the decision of the HPCT. An appeals process is described in Clause 4.
- 2.6 The 2022-2026 HPCT may invite Level 3 coaches to contribute to NSW representative teams when they have eligible lifters competing on a case-by-case basis.

3. Competition Preparation and Team Training Days

- 3.1 Throughout the qualification period for the contested event, the HPCT will communicate and monitor progress of athletes directly and with their personal coach. Bodyweight class representation and competition strategy will be developed during the qualification period.
- 3.1 Team Training Days will be held within 3 weeks of the contested event, the date and location will be published on the NSWWA website and confirmed when entry forms are distributed to eligible athletes.
- 3.3 Team training Days are the apex of preparation for the contested event and where competition strategy and tactical planning culminate. Team training days are also for administrative processes, uniform distribution, and team media creation.

4. Appeal Process

- 4.1 Any athlete who is eligible to enter a contested event but advised that they will not be selected to the 'points team' or offered coaching services by the HPCT can appeal to the NSWWA Board.
- 4.1 All appeals must be lodged with the NSWWA Secretary within 5 days of notification of non-selection.
- 4.3 The appeal must be in the form of a written submission that details all the grounds for the claim.
- 4.4 The NSWWA Board will consider the claim, correspond with the HPCT and may choose to source an alternate coaching service for the athlete.

5. Setting Qualification Standards

- 5.1 Qualifying periods and standards for national and international events are set out in the annual AWF Events Calendar.
- 5.1 Qualifying events for NSWWA athletes are the endorsed competitions set out in the NSW Calendar.
- 5.2 Where possible, the age-related NSW State Championships will be scheduled to coincide with the end of the corresponding AWF qualifying period.
- 5.3 The beginning of the qualifying period for state championships will start approximately 6 months and end 2-3 weeks prior to the event.
- 5.4 Qualifying periods and standards for entry into state championships are set by the HPCT, published on the NSWWA website Resources page, and checked by the NSWWA Secretary prior to entry.

Communication to Members

This Policy will be made available on the NSWWA website and emailed to Clubs following updates or reviews.

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