Junior / U23 Championships & Open Competition
14 March 2020
DRAFT START LIST

SESSION 1 (11 ATHLETES)					WEIGH IN 7:00 - 8:00		
					PRESENTATION 9:00		
LOT	LIFTER	DOB	CLUB	CAT	Open	U23	Jnr
17	Joshua Doyle	2002	Shire Speed and Strength	M67			✓
73	Gordon Fu	1997	Burwood High Performance	M67		✓	
12	Nicholas Predkowski	1999	Shire Speed and Strength	M73		✓	
30	Bao-Du Bui	2001	Atletika	M73			✓
75	Nelson Harris	2002	Hunter Barbell Club	M73			✓
16	Ricky Huang	2001	Burwood High Performance	M81		✓	✓
19	Jonathan Miu	1998	Burwood High Performance	M81		✓	
20	Martin-Khai Tran	1997	Cor Weightlifting Team	M81		✓	
45	Tyrese Bernaldo	2000	Burwood High Performance	M81			✓
47	Benjamin Hayward	1998	Illawarra Weightlifting Club	M81		✓	
65	Mark Guanzon	1998	Atletika	M81		✓	

SESSION 2 (12 ATHLETES)					WEIGH IN 9:00 - 10:00		
					PRESENTATION 11:00		
LOT	LIFTER	DOB	CLUB	CAT	Open	U23	Jnr
3	Irene Eng	1984	Heights Barbell Club	F55	✓		
28	Jess Sewastenko	1994	NSPC	F59	✓		
57	Alison Cranston	1991	Shire Speed and Strength	F59	✓		
4	Kate O'Connor	1976	Shred Barbell Club	F64	✓		
14	Sabah Chamoun	2000	Summer Hill Weightlifting	F64		✓	✓
15	Grace Green	2001	Vagabond Barbell	F64		✓	✓
36	Jaida Price	2003	Hunter Barbell Club	F64			✓
55	Emily Beaumont	1991	Shred Barbell Club	F64	✓		
8	Katrina Gini	1980	Shred Barbell Club	F71	✓		
11	Jacqueline Nichele	2000	Aklon	F71			✓
26	Sacha Elms	1997	Shire Speed and Strength	F71		✓	
25	Megan Groves	1980	Shred Barbell Club	F81	✓		

Verification of entries by 7.00pm Thursday 12 March 2020 to
info@nswweightlifting.com.au

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SESSION 3 (8 ATHLETES)							WEIGH IN 11:30 - 12:30
							PRESENTATION 1:30
LOT	LIFTER	DOB	CLUB	CAT	Open	U23	Jnr
29	Keanu Crous	2000	Burwood High Performance	M89			✓
31	Brock Baldwin	1998	Hi Reps Fitness	M89		✓	
46	Alvin Tobias-Nool	1997	Atletika	M89		✓	
62	Ronan Maguero	2000	Shire Speed and Strength	M89			✓
67	Nicholas Capaldi	2000	Hunter Barbell Club	M89			✓
34	Jy Dobija	2000	Hunter Barbell Club	M96			✓
43	Luke Manny	1997	Burwood High Performance	M102		✓	
18	Orion Walsh	1999	Hunter Barbell Club	M109+		✓	

SESSION 4 (8 ATHLETES)							WEIGH IN 1:30 - 2:30
							PRESENTATION 3:30
LOT	LIFTER	DOB	CLUB	CAT	Open	U23	Jnr
74	Jayden Ramia	2005	Shred Barbell Club	M61	✓		
50	Alexander Lim	1994	Heights Barbell Club	M67	✓		
66	Dara Eam	1984	Shire Speed and Strength	M67	✓		
71	Danny Doan	1988	Heights Barbell Club	M67	✓		
58	Jeffrey Tang	1996	HrdKAW Weightlifting Club	M73	✓		
6	Bryton Johnson	2001	Shred Barbell Club	M81	✓		
70	Celi Varol	1971	Inner West Barbell Club	M81	✓		
40	Christopher Tcheng	1985	Zubin Weightlifting Club	M89	✓		

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